



LET'S TALK ABOUT

# KIBBLE LIST

AN APH CARE GUIDE

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By Happy Quills

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[WWW.HAPPYQUILLSRESCUEANDREHOMING.CO.UK](http://WWW.HAPPYQUILLSRESCUEANDREHOMING.CO.UK)

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# KIBBLE

Good quality cat biscuits should be part of your hedgehog's staple, everyday diet. These biscuits can be available for your hedgehog to eat at all times without being limited unless your hedgehog is visibly overweight (in which case, biscuits can be limited to 1 tablespoon per day).

Meat should ideally be the first ingredient – **any foods listed with cereals or meat meal as the first ingredient should be used as fillers only alongside the higher quality biscuits.**

Protein should be between 30-35% so if choosing a higher protein food, make sure to mix with lower protein foods.

A rough guide of what your hedgehog will need based on their weight:

- Overweight: 10-13% fat
- Ideal weight: 13-15% fat
- Underweight/struggles to keep weight on: 15-20% fat

Choose between 3-5 of the following, catering the fat content to what your hedgehog needs.

| NAME                              | FAT % | PROTEIN % | MAIN INGREDIENT |
|-----------------------------------|-------|-----------|-----------------|
| James Wellbeloved Turkey Light    | 10%   | 34%       | Turkey Meal     |
| AVA Weight Management             | 10%   | 38%       | Chicken         |
| Wainwrights Turkey and Rice Light | 10%   | 30%       | Turkey Meal     |
| Arden Grange Light                | 11%   | 30%       | Fresh Chicken   |

| NAME                                        | FAT % | PROTEIN % | MAIN INGREDIENT          |
|---------------------------------------------|-------|-----------|--------------------------|
| Burgess Supacat Chicken                     | 12%   | 30%       | Poultry Meal             |
| Amazon Sulimo Chicken                       | 12%   | 31%       | Cereals                  |
| Happy Cat Alpine Beef                       | 12%   | 30%       | Meat Meal                |
| Harringtons Chicken                         | 12%   | 30%       | Chicken Meat Meal        |
| Eukanuba Weight Control                     | 13%   | 33%       | Dried Chicken and Turkey |
| Wellness Core Grain Free Chicken and Turkey | 13%   | 38%       | Chicken                  |
| Yarrah Organic Chicken                      | 13%   | 29%       | Dried Chicken            |
| AVA Optimum Health Grain Free               | 14%   | 36%       | Chicken                  |
| IAMS Vitality Chicken                       | 14%   | 35%       | Dried Chicken and Turkey |
| Purina One Adult Cat                        | 14%   | 34%       | Chicken                  |
| Royal Canin Fit                             | 15%   | 32%       | Dehydrated Poultry Meat  |

| NAME                                             | FAT % | PROTEIN % | MAIN INGREDIENT         |
|--------------------------------------------------|-------|-----------|-------------------------|
| Almo Nature Beef and Rice                        | 15%   | 31%       | Beef                    |
| ProPlan Optirenal Chicken                        | 16%   | 36%       | Chicken                 |
| Vets Kitchen Chicken                             | 16%   | 30%       | Poultry Meal            |
| Happy Cat Meadow Lamb                            | 16%   | 32%       | Poultry Meat Meal       |
| Life Long Adult Chicken                          | 16%   | 34%       | Chicken Meat Meal       |
| Royal Canin Saviour Extingent                    | 16%   | 33%       | Maize                   |
| Applaws Chicken and Lamb                         | 17%   | 37%       | Dried Chicken           |
| AATU Grain Free Chicken                          | 18%   | 34%       | Chicken                 |
| Wainwrights Turkey and Rice                      | 18%   | 30%       | Turkey Meal             |
| Arden Grange Adult Chicken and Potato Grain Free | 19%   | 31%       | Fresh Chicken           |
| Hills Science Plan Adult Light Chicken           | 19%   | 32%       | Chicken and Turkey Meal |

| NAME                                           | FAT % | PROTEIN % | MAIN INGREDIENT  |
|------------------------------------------------|-------|-----------|------------------|
| James Wellbeloved Grain Free Turkey            | 20%   | 31%       | Turkey Meal      |
| Wainwrights Grain Free Turkey and Sweet Potato | 20%   | 30%       | Turkey Meal      |
| Applaws Chicken and Duck                       | 20%   | 38%       | Dry Chicken Meal |
| AATU Grain Free Duck                           | 20%   | 34%       | Duck             |

## Indoor Biscuits

Choose one from this list - 'indoor' brands help with odour control.

| NAME                                     | FAT % | PROTEIN % | MAIN INGREDIENT |
|------------------------------------------|-------|-----------|-----------------|
| Concept For Life Indoor                  | 12.5% | 30%       | Poultry Protein |
| Purina One Indoor Turkey and Whole Grain | 13%   | 34%       | Turkey          |
| Royal Canin Indoor                       | 13%   | 27%       | Poultry Protein |
| Bozita Feline Indoor and Sterilised      | 14%   | 31%       | Chicken         |
| James Wellbeloved Housecat - Duck        | 14%   | 31%       | Duck Meal       |